



Alberta
Association of
Physiotherapy

October Newsletter



CEO Message

Welcome to the 2025–26 Membership Year!

As we officially begin a new membership year at the Alberta Association of Physiotherapy (AAP), I want to extend a warm welcome to all our members—both returning and new. Your continued engagement and support help strengthen our collective voice and advance the physiotherapy profession in Alberta.

On the **advocacy front**, AAP continues to participate as part of the **Health Advisory Council for the Auto Insurance Reform**. Draft regulations for the new Care-First Model were released earlier this month, and we expect to share more updates in the coming months. You can review the draft documents online:

- [Benefit, Treatment and Care Regulation \(Draft\)](#)
- [Permanent Impairment Regulation \(Draft\)](#)

We also had the opportunity to meet with **Primary Care Alberta** leadership this month to learn more about their priorities and explore potential opportunities for collaboration. In addition, conversations continue with the **Alberta Orthopedic Association** around future partnership projects aimed at strengthening patient care and interdisciplinary collaboration.

A few important reminders for members:

- **Call for Speakers – AAP Connect Conference 2026:** Submissions are open until **November 7, 2025**. We encourage you to share your expertise and contribute to this exciting event.
- **Save the Date – AAP Annual General Meeting:** Join us on **January 12, 2026, at 7:00 p.m.** A formal notice and registration details will be shared in December.

We're looking forward to another productive and inspiring year ahead—continuing to support you, our members, and exploring new ways to add value to your professional journey.

Best,

Jen Panteluk

AAP Connect: Call for Speakers



Final Call: AAP Connect 2026 Speaker Proposals Due Nov 7th, 2025!

We're getting closer to the **November 7th** deadline! Don't miss your chance to be part of the excitement at **AAP Connect 2026**, taking place **October 23–25, 2026**, at the **Coast Canmore Hotel & Conference Centre** in beautiful Canmore, Alberta.

We're looking for **dynamic, engaging speakers** eager to share their knowledge, research, and practical expertise with physiotherapists from across Alberta.

  [Full details, guidelines & requirements](#)

  [Complete the proposal form](#)

Send your completed proposal to carmen.malenica@albertaphysio.com by **Nov 7th** to be considered.

Assessment & Management of Acute Knee Injuries - Hosted by Banff Sport Medicine Foundation

**Assessment &
Management
of Acute Knee
Injuries**

Hosted by Banff Sport Medicine Foundation

November 29 – 30, 2025





Looking to strengthen your expertise in assessing and managing acute knee injuries? Join the Banff Sport Medicine Foundation for a two-day course taking place **November 29–30, 2025, in Canmore, Alberta.**

For full details, [click here](#) or visit the [BSM Foundation website](#).

Please note **capacity is limited to 36 participants**, and the registration deadline is **November 7, 2025**.

AAP Members - Get Ready for TELUS Black Friday!



Black Friday is just around the corner, and TELUS has some exciting news to make your experience even smoother! As part of the TELUS Exclusive Partner Program (EPP), AAP Members can now book a personalized VIP sales callback through a new, easy-to-use online scheduling tool.

Why you'll love it:

- Flexible scheduling: Book appointments 7 days a week at a time that fits your schedule.
- No waiting: Receive instant confirmation and the ability to adjust or cancel your callback anytime.

Ready to take advantage of this new feature?

👉 Book your VIP appointment here: www.telus.com/EPPOrderCallback

Research Opportunity:

Supporting Student Caregivers in Post-Secondary Education



Survey: <https://redcap.link/studentcaregivers1>

 Your voice matters!

Help Improve Support for Student Caregivers!

Contact for More Information
 Dr. Sharon Anderson
 sdanders@ualberta.ca
 780-953-5541

 **UNIVERSITY OF ALBERTA**

Understanding the Needs and Challenges Faced by Student Caregivers in Post-Secondary Institutions in Alberta." Pro00152512

New Research Opportunity: Supporting Student Caregivers in Post-Secondary Education

Calling all Student Caregivers in Alberta!

Are you balancing your studies with caregiving responsibilities? We want to hear from you!

We are conducting an important research study to understand the challenges faced by student caregivers at post-secondary institutions in Alberta.

By participating, you will help us shape policies, improve resources, and create better support systems for students like you.

Who can participate?

- Students enrolled in a public post-secondary institution in Alberta
- Unpaid caregivers for a dependent (e.g., a child, elderly family member, or someone with chronic illness/disability)

What will you be asked to do?

- Complete an anonymous online questionnaire (~10 minutes)
- Optional: Participate in a one-on-one interview (~30 minutes) to share your experiences in more detail

Why participate?

- Share your story and contribute to meaningful change
- Help improve student caregiver support services at colleges and universities

How to Participate

Survey Link: <https://bit.ly/3KQCV2R>

Educational Opportunity - November 5th

3rd Annual Stollery/Glenrose Pediatric Pain Education Day



The poster features a green-to-blue gradient background. At the top, logos for Alberta Health Services (Glenrose Rehabilitation Hospital), skip (solutions for kids in pain), and Stollery Children's Hospital are displayed. The main title '3rd Annual STOLLERY & GLENROSE PEDIATRIC PAIN EDUCATION DAY' is centered in large white and blue letters. Below it, the text 'A CHILDKIND INTERNATIONAL TEAM EVENT' is in smaller white letters. The date 'November 5, 2025' is prominently displayed in a white rounded rectangle with purple text. At the bottom, the time '7:30 AM - 4:00 PM' and the conference theme 'THE 3P'S OF PAIN MANAGEMENT' are listed in white text on a dark blue background.

Alberta Health Services
Glenrose Rehabilitation Hospital

skip solutions for kids in pain
pour la douleur chez les enfants

Alberta Health Services

STOLLERY CHILDREN'S HOSPITAL

3rd Annual
STOLLERY & GLENROSE
PEDIATRIC PAIN
EDUCATION DAY

A CHILDKIND INTERNATIONAL TEAM EVENT

November 5, 2025

7:30 AM - 4:00 PM

CONFERENCE THEME
THE 3P'S OF PAIN MANAGEMENT

Date: Wednesday, November 5th, 2025

Time: 7:30–4:00 p.m. MST

This event is multidisciplinary in nature and features speakers from many different professions, including a physiotherapist.

The chosen theme this year is the **3 P's of pain management: Pharmacological, Physical and Psychological.**

This educational opportunity will be held in person with speakers and attendees available at both the Stollery and Glenrose sites and will also be held virtually via **Zoom.**

We encourage participants who live nearby to attend this event in person, enabling lively discussion and a more memorable experience.

[Click HERE to learn more](#)

Project ECHO Upcoming Session



Alberta Children's Hospital



Alberta Health
Services

ECHO^{ing} Care

Children with Medical Complexity

Do you work with Children with Medical Complexity?

Project ECHO can support you in your work through **case-based learning** and **topic discussions**. Bring your de-identified cases for advice and support. **Join our interprofessional virtual community of practice.**

Upcoming Session: Bone Health in Children with Medical Complexity

This session will focus on **Bone Health Monitoring**



November 20, 2025



11:00 - 12:45 MST

Delivered via **zoom**

<https://redcap.link/achechoregistration>



Dr. Jonathan Dawrant



Session: Bone Health in Children with Medical Complexity

Date: November 20th, 2025, 11:00-12:45 MT

Location: Hosted virtually on Zoom

Registration: <https://redcap.link/achechoregistration>

Case submission: (currently seeking cases to present!):

<https://redcap.link/achechosubmitacase>

November is Falls Prevention Month

November is **Falls Prevention Month**, and we invite you to join us in raising awareness about the steps middle-aged and older adults can take to reduce their risk of falling.

Finding Balance is an education program and public awareness campaign, created by the Injury Prevention Centre at the University of Alberta's School of Public Health. It's designed to help adults aged 55 and over stay independent, safe and informed.

Visit the **Finding Balance** [website](#) for free resources, practical tips, and to sign up for their eNewsletter. Stay informed about learning opportunities, falls prevention strategies, and new tools to help you or someone you care about live safely and independently.

For further information, [visit this link](#)
