



Alberta
Association of
Physiotherapy

April Newsletter



CEO Message

As April comes to a close, I want to take a moment to recognize the incredible work you continue to do in supporting the health and wellbeing of Albertans. Your dedication to advancing physiotherapy in our province does not go unnoticed, and we are proud to represent such an inspiring and committed community.

As you may have seen in previous communications, we're excited to share that our *Find a Physio* tool has now been softly launched to our members! This resource is designed to connect Albertans with physiotherapists and clinics across the province —**and we need your help to make it a success**. We encourage all members to complete their profiles and spread the word within your networks. The more participation we have, the more powerful and impactful this tool will become.

Looking ahead to May, we're thrilled to be celebrating National Physiotherapy Month—a time to honour your vital contributions to the healthcare system. We hope to see many of you at one of our three member appreciation events happening throughout the month. These gatherings are a small way for us to say thank you and to strengthen the sense of community within our profession. Stay tuned for details around some fall events taking place in communities outside the highway 2 corridor.

May will also mark the public launch of the Find a Physio tool, as well as the debut of our very first podcast episode—another exciting way we're showcasing the value of physiotherapy in Alberta to create greater awareness around the profession.

There's much to celebrate, and even more to look forward to. Thank you for being a part of this momentum. We can't wait to connect and celebrate with you in May!

Best,
Jen

Find-a-Physio Tool is Live!



Find a Physio Tool – Launching During National Physiotherapy Month!

Thank you to all the members who have already created their profiles. We are excited to share that we plan to launch the directory to the public on our website by mid-May!

As an AAP member, your profile will receive **priority placement** in search results, feature an **AAP member badge**, and have a **bolded border** to enhance visibility. Whether you work in private practice, public practice, or academia, this platform is designed to highlight your skills and expertise.

To create or edit your profile before we launch:

1. Visit <https://find.albertaphysio.com> and scroll to the bottom of the page to click **'Login'**.
(Direct link: <https://find.albertaphysio.com/user-dashboard/login>)
2. Click the large blue button labeled **"Sign In With Your CPA Account"**.
3. Use your **CPA (Canadian Physiotherapy Association)** login credentials.
 - If you are an AAP/CPA member and encounter any difficulties logging in, please contact us at info@albertaphysio.com.
 - **Important:** Please do not register a new account.
4. Once logged in, click on "Edit Profile" in the left-hand menu to create or edit your profile.

We look forward to showcasing your skills, knowledge, and expertise to Albertans seeking physiotherapy care! Help us build a robust directory—please encourage your physiotherapist colleagues to create a profile today. Non-AAP members are also invited to join!

May Member Appreciation Nights



In celebration of **National Physiotherapy Month**, we invite you to a special **AAP Member Appreciation Evening** - a chance to connect with fellow members, unwind, and enjoy a few drinks on us!

This is our way of saying THANK YOU for being a valued part of AAP. Expect good vibes, great company, and a relaxed atmosphere.

The dates are as follows:

Calgary - Thursday, May 1st, 6pm-9pm

Location: [Citizen Brewing Company](#)

Please RSVP by: Tuesday, April 29th

RSVP

Red Deer - Thursday, May 8th, 6-9pm

Location: [Red Hart Brewing](#)

Please RSVP by: Monday, May 5th

RSVP

Edmonton - Tuesday, May 29th, 6pm-8pm

Location: [Shiddy's Distilling & Rumpus Room](#)

Please RSVP by: Tuesday, May 6th

RSVP

Feel free to bring along a physiotherapist colleague who isn't a member, we'd love to welcome them!

****The following is a paid advertisement/content submission.***

Questions and concerns should be directed to the advertiser/content owner.



GUNN IMS

Gunn IMS Certification Program Calgary 2025



UBC Gunn IMS (Calgary, AB)

Gunn IMS Certification Course or Needling Review

Course participants will learn the Gunn IMS neuropathic model and its application, safe and effective intramuscular dry needling techniques and receive certification from the UBC Faculty of Medicine in Gunn IMS.

Further information about the course can be found [here](#)

Location: [Lifemark Sport Medicine](#) – Genesis Place, 800 East Lake Blvd, Airdrie

Dates: Part1 - Online (from January 1, 2025), Part 2 – In-person (May 31 & June 1, 2025) and Part 3 – In-person (October 4 &-5, 2025)

Price: Part 1 - \$1225 CAD

Part 2 - \$1250 CAD

Part 3 - \$1250 CAD

Needling Review In-Person Weekends: \$500 for either Part 1 or 2, \$900 for both.

Instructors: Dr. Lyndal Solomons, Director, UBC Gunn IMS Program & other UBC Gunn IMS Instructors (TBA). For more information, click [here](#)

[Prerequisites](#)

[Certification Format](#)

[Needling Review Format](#)

Contact: Anna Scales **Email:** info@gunnims.com

Canadian Alliance of Physiotherapy Regulators (CAPR) - Item Development Committee



CAPR

Canadian Alliance
of Physiotherapy
Regulators

ACORP

Alliance canadienne des
organismes de réglementation
de la physiothérapie

As part of the [Evaluation Services Re-Envisioned](#) initiative, the Canadian Alliance of Physiotherapy Regulators (CAPR) is seeking passionate and experienced physiotherapists to join the Item Development Committee (IDC).

If you are interested in developing high-quality content for CAPR's entry-to-practice assessments, this opportunity is for you!

Why join?

- **Make an impact:** IDC members get involved in our initiatives to improve and modernize entry-to-practice physiotherapy assessment in Canada.
- **Contribute to the physiotherapy profession:** Your work will help ensure that physiotherapists entering the profession meet national standards for safe and effective practice.
- **Professional growth:** IDC members represent a pool of subject matter experts from across Canada who work collaboratively and have multiple opportunities to enhance their knowledge on diverse physiotherapy topics and build skills in competency assessment.
- **Honorarium:** IDC members receive \$1,000 annually for their contributions.

***The following is a paid advertisement/content submission.
Questions and concerns should be directed to the advertiser/content owner.**



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Attention Alberta Physiotherapists:

Fisiocrem Canada is offering a 20% discount above wholesale pricing on first orders for practitioners who open a wholesale account — all in celebration of their newly launched website: www.fisiocrem.ca. **Use the Code: CAN20**

CREATE WHOLESALE ACCOUNT

CALL FOR RESEARCH STUDY PARTICIPANTS

Individuals must be fluent in English to participate

REHABILITATION PROFESSIONALS WORKING WITH INDIVIDUALS WITH DEMENTIA IN ANY SETTING ACROSS CANADA

PHYSIOTHERAPISTS | OCCUPATIONAL THERAPISTS | PHYSIOTHERAPY ASSISTANTS |
OCCUPATIONAL THERAPY ASSISTANTS | KINESIOLOGISTS

We want to compare learner knowledge, attitudes, and confidence in dementia management before and after taking the Care Approaches in Rehabilitation for Effective Support for Dementia (CARES-D) course for rehabilitation professionals..

What will participants do?

- Complete the CARES-D course content modules, and workbook.
- Submit a course completion feedback survey.
- Complete four short online questionnaires before and after taking the CARES-D course.

The entire study will take approximately 7.5 hours to complete and participants will receive a \$15 Amazon gift card.

For more information, contact:

3F.ResearchGroup@dal.ca

902-431-5357

DAL REB #2024-7525



Dalhousie University is seeking participants for a study titled, ***"Effect of a continuing education course about dementia for physiotherapists on learner knowledge, attitudes, and confidence: a pre-post study"***.

This study aims to explore the effects of **Care Approaches in Rehabilitation for Effective Support for Dementia (CARES-D)** - a continuing education course that uses evidence-based information to generate awareness, share knowledge, and inform decision-making for rehabilitation professionals working with individuals with dementia.

To learn more, contact:

Nazanin Nasiri, Research Assistant, 3F Research Group

Email: 3F.ResearchGroup@dal.ca

Phone: [902-431-5357](tel:902-431-5357)