



**Alberta  
Association of  
Physiotherapy**

# March Newsletter



## CEO Message

As we welcome the arrival of spring, I hope this season brings renewed energy and inspiration to you all. With the longer days and fresh beginnings, we are excited for the months ahead.

We are currently hard at work preparing for National Physiotherapy Month this May. This year, we are thrilled to announce that our celebrations will include in-person events, providing valuable opportunities to connect and engage. I encourage you to attend with a colleague, partner or friend to celebrate physiotherapy in Alberta.

We have been working behind the scenes on an exciting new initiative—a podcast dedicated to raising public awareness around physiotherapy.

In addition to the podcast, we are working on a resource section of our website to guide Albertans to trusted resources to better understand the profession. As part of our National Physiotherapy Month celebrations, we will be launching this podcast to highlight important discussions, share insights, and elevate the voice of physiotherapy across Alberta and beyond.

We look forward to celebrating with you, engaging in meaningful conversations, and continuing to advance our profession together. Thank you for your ongoing support and dedication. Feel free to reach out at any time ([ceo@albertaphysio.com](mailto:ceo@albertaphysio.com)).

Wishing you a wonderful start to spring!

Jen

## **Advocacy Update**

As we await further decisions on insurance reform, things have been relatively quiet on the government front. Unfortunately, this has also delayed our ability to host town halls with interested members.

At this time, we do not have many details on how our profession will be engaged or the opportunities for input. However, a project manager has been hired for the initiative, and I have been virtually introduced to her. She indicated that working groups will eventually be formed to support protocol development and other aspects of the reform. As soon as we receive more details, I will reach out with an invitation for a virtual town hall to keep you informed and engaged.

While progress on insurance reform has been slow, we have been actively meeting with various healthcare associations, societies, and groups to explore potential collaborations. Our goal is to strengthen the integration of physiotherapy within the healthcare system and contribute to solutions for the current challenges. These discussions have been promising, and we are optimistic about the opportunities ahead.

We recognize that many of our members are feeling the impact of the broader healthcare restructuring and the ongoing changes as the new organizations take shape. While some decisions have been made, we understand that uncertainty remains.

I share your concerns and have been asking many questions myself. Please know that the Alberta Association of Physiotherapy is here to support you through this transition. My door is always open, and I encourage you to reach out. We are committed to advocating for the profession and bringing forward your concerns to ensure your voice is heard.

Thank you for your continued engagement and dedication to physiotherapy.

## May Member Appreciation Nights



Calgary

Red Deer

Edmonton

Alberta Association of Physiotherapy

**Member Appreciation Nights**

In celebration of **National Physiotherapy Month**, we invite you to a special **AAP Member Appreciation Evening** - a chance to connect with fellow members, unwind, and enjoy a few drinks on us!

This is our way of saying THANK YOU for being a valued part of AAP. Expect good vibes, great company, and a relaxed atmosphere.

The dates are as follows:

**Calgary** - Thursday, May 1st, 6pm-9pm

Location: [Citizen Brewing Company](#)

Please RSVP by: Tuesday, April 29<sup>th</sup>

RSVP

**Red Deer** - Thursday, May 8th, 6-9pm

Location: [Red Hart Brewing](#)

Please RSVP by: Monday, May 5<sup>th</sup>

RSVP

**Edmonton** - Thursday, May 29th, 6pm-8pm

Location: [Shiddy's Distilling & Rumpus Room](#)

Please RSVP by: Tuesday, May 27<sup>th</sup>

RSVP

Feel free to bring along a physiotherapist colleague who isn't a member, we'd love to welcome them!

*\*The following is a paid advertisement/content submission.  
Questions and concerns should be directed to the advertiser/content owner.*



## **Gunn IMS Certification Program Calgary 2025**



### **UBC Gunn IMS (Calgary, AB)**

## **Gunn IMS Certification Course or Needling Review**

Course participants will learn the Gunn IMS neuropathic model and its application, safe and effective intramuscular dry needling techniques and receive certification from the UBC Faculty of Medicine in Gunn IMS.

Further information about the course can be found [here](#)

**Location:** [Lifemark Sport Medicine](#) – Genesis Place, 800 East Lake Blvd, Airdrie

**Dates:** Part1 - Online (from January 1, 2025), Part 2 – In-person (May 31 & June 1, 2025) and Part 3 – In-person (October 4 &-5, 2025)

**Price:** Part 1 - \$1225 CAD

Part 2 - \$1250 CAD

Part 3 - \$1250 CAD

Needling Review In-Person Weekends: \$500 for either Part 1 or 2, \$900 for both.

**Instructors:** Dr. Lyndal Solomons, Director, UBC Gunn IMS Program & other UBC Gunn IMS Instructors (TBA). For more information, click [here](#)

[Prerequisites](#)

[Certification Format](#)

[Needling Review Format](#)

**Contact:** Anna Scales **Email:** [info@gunnims.com](mailto:info@gunnims.com)

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